Reflective session: Critical Reflection
In this reflective session we will:

- Define critical reflection
- Look at why and how we critically reflect
- Identify ways to embed critical reflection
- Refer to further information
Activity

Remember a special moment in your day
Understanding Reflective Practice

- More than a memory
- Reflect on:
  - what happened
  - children's learning and development
  - our practices
  - our program
What is critical reflection?

- Look at the ‘why’
- Identify opportunities for improvement
- Consider theories and the impact of our decisions
- Be open to different perspectives
Catherine Lee, The Point Preschool

https://www.youtube.com/watch?v=2WrratEuPO0
Different perspectives

‘Learning together with colleagues draws upon the diverse knowledge, experiences, views and attitudes of individuals within the group’.

(Educator’s Guide to the EYLF, p.7)

Source: ACECQA Quest for Quality game
Why do we need to critically reflect?

- To achieve best outcomes for children, families and our service
- To share knowledge and engage in collective decision-making
- To highlight our professional capacity to educate
What could we critically reflect on?

Think about our:

• Educational programs

• Links between our pedagogy (professional practice) and the Approved Learning Frameworks

• Induction and orientation process

• Partnerships with families and communities
How do you do it?

• What do I know about this child?
• Why did I respond this way?
• Did I refer to my knowledge of theories about how children learn?
• Should I continue, improve or change this practice?
Let’s do it!

Reflect in:
• Daily diaries
• Reflective journals
• Meetings

Reflect with:
• Each other
• A mentor or critical friend
• Children and families
• Community network groups
Catherine Lee, The Point Preschool

https://www.youtube.com/watch?v=IoFkBRvs7GU&feature=youtu.be
Imagine the possibilities

Thank you for making a positive difference
Further information

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