



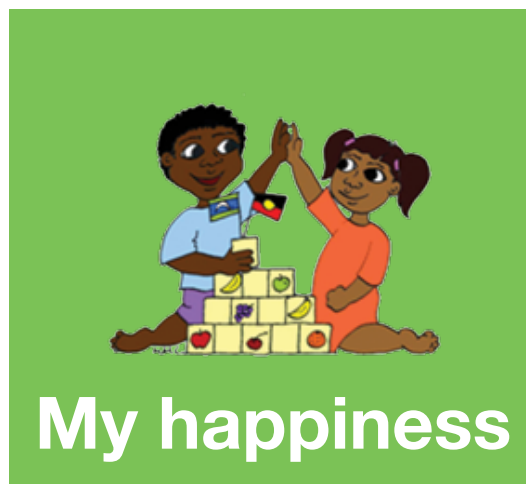
# My happiness

## Outcome 3

Children have a strong sense of well being




# Outcome 3

Children have a strong sense of wellbeing



3.1 Children become strong in their social and emotional well being.

*3.1 Children learn to trust that their teacher will do the right thing for them.*

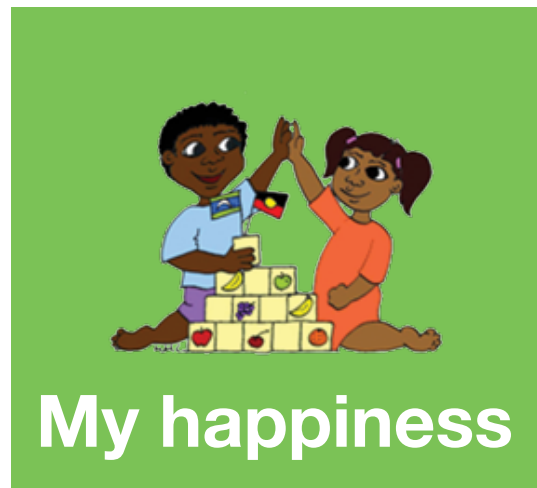
What does this mean for children and families?	How could you do this?	Here is an example
Children learn to trust others	Make sure you come to work everyday because the children trust that you will be there for them	
Children are comforted by others when upset	When children are crying give them a hug straight away. Don't make them wait	
Children get better at working with others while playing	Children need to play for a long time. But you need to stay close to help them play and learn	

Children are comforted by others when upset. When children are crying give them a hug straight away. Don't make them wait.

Other ideas for achieving this outcome?




# Outcome 3

Children have a strong sense of wellbeing



3.2 Children take increasing responsibilities for their own health and physical wellbeing

3.2 *Children learn about looking after and keeping their body healthy*

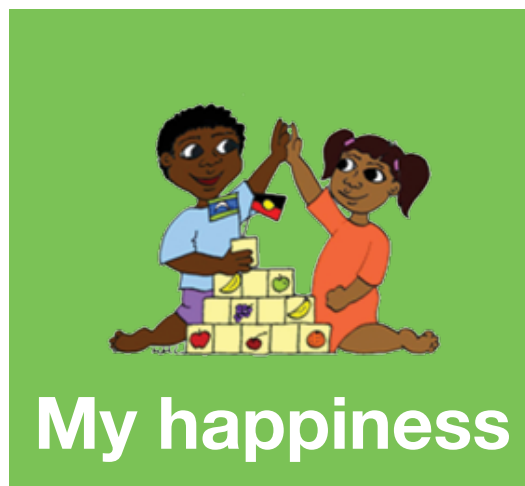
What does this mean for children and families?	How could you do this?	Here is an example
Children tell you when they are hungry thirsty or tired	Look for the signs from the children that show they are hungry, tired or thirsty	
Children are happy, healthy and safe	Give the children good food and drink. Let them sleep when they are tired. When children tell you what they need and if it's safe and good for them, then give it to them	
Children have games and activities for using their hands and body	Children have balls, bikes, building toys, drawing and painting activities	

Children are happy, healthy and safe. Give the children good food and drink. Let them sleep when they are tired.

Other ideas for achieving this outcome?




# Outcome 3

Children have a strong sense of wellbeing



3.2 Children take increasing responsibilities for their own health and physical wellbeing

3.2 *Children learn about looking after and keeping their body healthy*

What does this mean for children and families?	How could you do this?	Here is an example
Children learn about healthy food	Talk to the children at meal times about healthy food and what is unhealthy food	
Children learn about the importance of washing their hands and using the toilet	Use words to support and praise children when they wash their hands after going to the toilet, before they eat and after blowing their nose	
Children learn about safety while playing	Work with and teach the children to look after each other and play safely, like not throwing the toys at each other or throwing sand in the sand pit	

Children learn about the importance of washing their hands and using the toilet.

Other ideas for achieving this outcome?